

## **PURPOSE:**

The Sparring Rules (will be referred to as “Junior Competition Rules” hereinafter) regulate and govern all matters pertaining to Taekwondo competition at all levels sanctioned or promoted by USA Taekwondo and its state or district associations or member clubs and organizations, under the USAT modified rules. However, the following special section of the Competition Rules shall further apply to junior sparring divisions as stated below.

### **1. Ages 7 & Under All Belts and Ages 13 & Under Color Belt Divisions Ages 8-11 Black Belts,**

In the All California Taekwondo Championship sparring competition, the rules concerning a kick to the face shall be as follows:

- a. Any technique contacted to the head area which does not make an injury, will be given a warning by the referee.
- b. Any technique, which makes an injury to the head area, will result in a one-point deduction given by the referee.
- c. If the injured competitor cannot continue because of the injury to the head area, the attacker will be disqualified.

NOTE: Inability to continue because of fright, crying or loss of will following a kick to the head which did not cause injury does not constitute grounds for disqualification of the attacker. Decision of disqualification will be made by the referee.

### **2. Black Belts, 12-13 Year Old Divisions, & 14-17 Year Old Divisions Color Belts**

In the All California Taekwondo Championship sparring competition, the rules concerning a kick to the face shall be as follows:

- a. The competitor is allowed to kick to the facial area; however, the kick must be light contact with absolute control.
- b. The competitor who executes a successful technique (light contact without causing any injury) shall be awarded one point.
- c. The competitor who executes a kick to the face which results in a minor injury shall receive a one-point deduction. A minor injury is defined as abrasion or bleeding caused by non-excessive contact. The referee, with or without consultation with the tournament physician, shall determine if the abrasion or bleeding is a minor injury, and if the attack is a non-excessive one.
- d. The competitor who executes a kick to the face which results in the inability of the opponent to continue sparring because of injury shall be disqualified. The referee, with or without consultation with the tournament physician, shall determine if the attack is an excessive contact, and if the injury is a major one.

NOTE: Inability to continue because of fright, crying or loss of will following a legal kick to the head which did not cause injury does not constitute grounds for disqualification of the attacker. Decision of disqualification will be made by the referee.

### **3. 14–17 Year Old Black Belts and Senior Division (All Belts)**

In the All California Taekwondo Championship sparring competition, the Senior Black Belt adult rules shall apply for these divisions.

**4. All Black Belts 12 and over** will also wear the Electronic Chest Protectors provided by TrueScore for all sparring matches

**5. Some Color belts division** will also wear the Electronic Chest Protectors provided by TrueScore depending on the number of competitors.

Coordinator: Edward E Givans Phone: (925) 777-0227 E-Mail: [givanstkd@sbcglobal.net](mailto:givanstkd@sbcglobal.net)