

WEIGHT CLASSIFICATIONS

SPARRING DIVISIONS Black Belt – Age 10-11

Boy's Weight (lbs.)	Girl's Weight (lbs.)
Under 65.0 lbs.	Under 65.0 lbs.
65.1 – 78.0 lbs.	65.1 – 78.0 lbs.
78.1 – 90.0 lbs.	78.1 – 90.0 lbs.
90.1 – 102.0 lbs.	90.1 – 102.0 lbs.
102.1 – 115.0 lbs.	102.1 – 115.0 lbs.
Over 115.0 lbs.	Over 115.0 lbs.

SPARRING DIVISIONS Black Belt – Age 12-13

Boy's Weight (lbs.)	Girl's Weight (lbs.)
Under 75.0 lbs.	Under 70.1 lbs.
75.1 – 87.0 lbs.	70.1 – 82.0 lbs.
87.1 – 100.0 lbs.	82.1 – 94.0 lbs.
100.1 – 112.0 lbs.	94.1 – 106.0 lbs.
112.1 – 125.0 lbs.	106.1 – 120.0 lbs.
Over 125.0 lbs.	Over 120.0 lbs.

SPARRING DIVISIONS Black Belt – Age 14-17

Divisions	Men's Weight (lbs.)	Women's Weight (lbs.)
Fin	Under 99.0 lbs. (45 kg)	Under 92.5 lbs. (42 kg)
Fly	99.0 - 105.8 lbs. (45-48 kg)	92.5 - 97.0 lbs. (42-44 kg)
Bantam	105.9 - 112.4 lbs. (48-51 kg)	97.1 - 101.4 lbs. (44-46 kg)
Feather	112.5 - 121.2 lbs. (51-55 kg)	101.5 - 108.0 lbs. (46-49 kg)
Light	121.3 - 130.0 lbs. (55-59 kg)	108.1 - 114.6 lbs. (49-52 kg)
Welter	130.1 - 138.9 lbs. (59-63 kg)	114.7 - 121.2 lbs. (52-55 kg)
Light Middle	139.0 - 149.9 lbs. (63-68 kg)	121.3 - 130.0 lbs. (55-59 kg)
Middle	150.0 - 160.9 lbs. (68-73 kg)	130.1 - 138.9 lbs. (59-63 kg)
Light Heavy	161.0 - 172.0 lbs. (73-78 kg)	139.0 - 149.9 lbs. (63-68 kg)
Heavy	Over 172.0 lbs. (Over 78 kg)	Over 149.9 lbs. (Over 68 kg)

FORMS DIVISIONS White to Black Belt - Male & Female, All Ages

5 & Under	All
6 – 7	All
8 – 9	All
10 – 11	All
12 – 13	All
14 – 17	All
18 & Older	All

SPARRING DIVISIONS Black Belt – Age 18 & 32

Divisions	Men's Weight (lbs. & Kg)	Women's Weight (lbs. & Kg)
Fin	118.8 lbs. & Under (54 kg)	103.4 lbs. & Under (47 kg)
Fly	118.9 - 127.6 lbs. (54-58 kg)	103.5 - 112.2 lbs. (47-51 kg)
Bantam	127.7 - 136.4 lbs. (58-62 kg)	112.3 - 121.0 lbs. (51-55 kg)
Feather	136.5 - 147.4 lbs. (62-67 kg)	121.1 - 129.8 lbs. (55-59 kg)
Light	147.5 - 158.4 lbs. (67-72 kg)	129.9 - 138.6 lbs. (59-63 kg)
Welter	158.5 - 171.6 lbs. (72-78 kg)	138.7 - 147.4 lbs. (63-67 kg)
Middle	171.7 - 184.8 lbs. (78-84 kg)	147.5 - 158.4 lbs. (67-71 kg)
Heavy	Over 184.8 lbs. (84 kg)	Over 158.4 lbs. (71 kg)

SPARRING DIVISIONS White to Red Belt All Ages & Black Belt 33 & Above, Male & Female

AGES	MALE DIVISIONS			FEMALE DIVISION		
	LIGHT	MIDDLE	HEAVY	LIGHT	MIDDLE	HEAVY
5 & Under	42.7 lbs. & under	42.8 - 55.0 lbs.	Over 55.0 lbs.	40.0 lbs. & under	40.1 - 55.0 lbs.	Over 55.0 lbs.
6 - 7	50.0 lbs. & under	50.1 - 65.0 lbs.	Over 65.0 lbs.	47.5 lbs. & under	47.6 - 66.7 lbs.	Over 66.7 lbs.
8 - 9	65.0 lbs. & under	65.1 - 80.0 lbs.	Over 80.0 lbs.	64.7 lbs. & under	64.8 - 79.7 lbs.	Over 79.7 lbs.
10 - 11	81.0 lbs. & under	81.1 - 96.7 lbs.	Over 96.7 lbs.	82.0 lbs. & under	82.1 - 97.0 lbs.	Over 97.0 lbs.
12 - 13	103.0 lbs. & under	103.1 - 118.0 lbs.	Over 118.0 lbs.	105.0 lbs. & under	105.1 - 120.0 lbs.	Over 120.0 lbs.
14 - 17	137.0 lbs. & under	137.1 - 152.0 lbs.	Over 152.0 lbs.	117.0 lbs. & under	117.1 - 132.0 lbs.	Over 132.0 lbs.
18 - 32	Under 157 lbs	157 - 170	Over 170.0 lbs.	Under 125 lbs	125 - 147	Over 147 lbs.
33 - 39	Under 167 lbs	167 - 182	Over 182 lbs.	Under 135 lbs.	135 - 150	Over 150 lbs.
40 - 49	Under 167 lbs	167 - 182	Over 182 lbs.	Under 135 lbs.	135 - 150	Over 150 lbs.
50 & Older	Under 167 lbs	167 - 182	Over 182 lbs.	Under 135 lbs.	135 - 150	Over 150 lbs.